

**SYLLABUS FOR SHELTER AND CARE OPTIONS FOR U.S. ELDERLY
GEO 4431-2427X and GEY 4930-5341X, (3 Credits), Spring, 2007**

Tue. 5-6 (11:45 a.m. to 1:40 p.m., Thur. Period 6 (12:50 p.m. to 1:40 p.m. Turlington, Rm. 3012

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Syllabus, Grade Results, and Announcements on WEBCT

Overview of Course

This course focuses on the housing arrangements, neighborhoods, and communities occupied by older adults in the United States. This is a diverse population that includes younger and active elders who are experiencing new retirement life styles and older and more frail elders who are confronting physical and cognitive impairments threatening their abilities to live independently. The premise of the course is that some housing and living arrangements are likely to be better, easier, and less costly to grow old in than others and that aging does not take place in some situational or environmental vacuum. It assesses the advantages and disadvantages of housing alternatives ranging from active adult retirement communities to supportive residential alternatives that cater to frail seniors, such as independent living, assisted living facilities and continuing care retirement communities. It specifically considers whether it is more desirable for older persons to age in place in their ordinary homes and apartments or to relocate to planned housing arrangements that are designed to be congruent with their needs and capabilities. The course evaluates the successes and failures of federal and state policies in creating affordable rental housing linked with supportive long-term care services for low-income and frail seniors. Finally, it examines the various theoretical and applied research approaches that are available to assess the appropriateness of these various housing alternatives.

OVERVIEW, REQUIREMENTS, AND GRADING

Exams.--Students are required to take two exams. Each of these exams will count for 33% of the final grade. Each exam will test students on about one-half of the lecture and assigned readings covered in the course.

Exam Dates: First Exam—Tuesday, February 27, 2007; Second Exam—Tuesday, April 24, 2007. The two exams are taken at same time and place as regularly scheduled lecture periods. Please bring picture I.D. to all exams.

Course Material: You are responsible for all material (and announcements) presented in scheduled lectures and your required readings. A complete xeroxed copy of ALL required readings is available for purchase from Orange and Blue Textbooks (formerly Custom Copies) that is opposite Krispy Crème donuts on 309 N.W. 13th Street.

On Exam Make-ups.--Students are required to take the two exams at the scheduled times only. A missed exam will be graded as zero unless students can provide certified medical evidence that their attendance was prevented by extreme health impairments or officially sponsored academic events.

Written Assignment.--Students are required to write about a 3,000-word paper (word-processed). Deadline for this submission will be Friday, April 27, 2007 by 8:00 p.m. The paper will count for 34% of the final grade. The goals and organization of the paper will be discussed in class.

Regarding Students with Disabilities: Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then show it to the instructor when requesting accommodation.

Lecture Topics and Required Readings

(1) INTRODUCTION: HOUSING AN AGING SOCIETY—NOT THE SEXIEST SUBJECT, BUT CRITICALLY IMPORTANT

Cornman, J., & Kingston, E.R. (1996). Trends, issues, perspectives, and values for the aging of the baby boom cohorts. *The Gerontologist*, 36, pp. 15-26.

Golant, S.M. (1992). *Housing America's Elderly: Many Possibilities, Few Choices*. Newbury Park, CA: Sage Publications, Chapter 1.

Golant, Stephen M. (2002). Appendix II. Major Types of Supportive Senior Housing Units in the United States. Prepared for Seniors Housing Commission.

(2) DEMOGRAPHIC INDICATORS LINKED TO HOUSING AND LONG-TERM CARE PATTERNS OF OLDER AMERICANS

U.S. Department of Health and Human Services, Administration on Aging. (2006). *A Profile of Older Americans: 2005*. Washington, DC: U.S. HHS, AoA., 16 pages.

(3) WHERE THE U.S. ELDERLY POPULATION LIVES AND MOVES?

U.S. Census Bureau. (2003). *Internal Migration of the Older Population: 1995 to 2000*. Washington, DC: U.S. Census Bureau, Department of Commerce, pp. 1-10.

Golant, S.M. (2002). Deciding Where to Live: The Emerging Residential Settlement Patterns of Retired Americans. *Generations*, Summer, pp. 66-73.

Longino, C.F., Jr. (2002). "The Geographical Mobility of Retirees: A View from the New Millennium". *Contemporary Gerontology*, Volume 9, (1): 1-5.

(4) THE HOUSING/COMMUNITY STATUS AND PROBLEMS OF THE U.S. ELDERLY POPULATION

American Federation for Aging Research. (1995). *An Official Report to the White House Conference on Aging*. Washington, DC: Alliance for Aging Research, Chapter 2.

Golant, S.M. (2003). "The Quiet Crisis—Affordable Housing Inadequate for Elders." *Aging Today*, November-December, Vol. 24, No. 6, pp. 7-8.

Golant, S.M. (2004). "Aging in Place: Are We Romancing the Home?" *CSA Journal*, Vol. 23, pp. 11-15.

MetLife Foundation. *The Maturing of America: Getting Communities on Track for an Aging Population*. Westport, CN., pp. 1-4.

(5) AFFORDABLE HOUSING AND CLUSTERED HOUSING-CARE OPTIONS FOR LOW-INCOME SENIORS

Golant, S.M. (2000). Housing the poor and vulnerable elderly. *Shelterforce*, 22, 17-25.

McNickle, Larry. (2004) "Keeping Pace with Seniors' Needs," *Journal of Housing & Community Development*, Vol. 61, September/October, pp. 24-29.

AARP (2002) *Home and Community-Based Long-Term Services*, pp. 1-3.

Georgetown University (2003) Various Fact Sheets: *Who Needs Long-Term Care? Medicaid and Long-Term Care. Who Pays for Long-Term Care?*

Golant, S. M. (2003). "Political and Organizational Barriers to Satisfying Low-Income U.S. Seniors Need for Affordable Rental Housing with Supportive Services." *Journal of Aging and Social Policy*, Vol. 15, No. 4, pp. 21-48.

(6) AGING IN PLACE FINANCIAL OPTIONS FOR LOW-INCOME ELDERLY HOMEOWNERS (REVERSE MORTGAGE AND PROPERTY TAX REBATE PROGRAMS)

Eschtruth, A.D., & Tran, L.C. (2001). *A Primer on Reverse Mortgages. Just the Facts on Retirement Issues. October*, 1-4.

FannieMae (2002). *Money From Home: A Consumer's Guide to Reverse Mortgage Options*. Washington, DC: FannieMae, pp. 1-28.

(7) AGE DISCRIMINATION, PHYSICAL DISABILITIES, HOME ADAPTATIONS, AND THE FAIR HOUSING ACT

U.S. Department of Housing and Urban Development. (2003) *Fair Housing, It's Your Right*.

Michael Allen and Susan Ann Silverstein. (2003) *Elderly people who have suffered discrimination are increasingly turning to federal law to secure greater housing opportunities and protect their rights*. Trial, October.

Grayson, P.J. (1997). Technology and home adaptations. In S. Lanspery & J. Hyde (Eds.), *Staying Put: Adapting The Places Instead Of The People*. (pp. 55-74). Amityville, NY: Baywood Pub. Co.

Kochera, Andrew. (2002). *Falls Among Older Persons and the Role of the Home*. AARP Public Policy Institute, Issue Brief. Washington, DC: AARP, pp. 1-14.

(8) ACTIVE ADULT [RETIREMENT] COMMUNITIES & COHOUSING

Golant, S.M. (1992). *Housing America's Elderly: Many Possibilities, Few Choices*. Newbury Park, CA: Sage Publications, Chapter 4.

Golant, S.M. (1985). In defense of age-segregated housing. *Aging*, 348, 22-26.

Suchman, D.R. (2001). *Developing Active Adult Retirement Communities*. Washington, DC : Urban Land Institute, Chapter 1, pp. 3-21.

Brown, Ben. (2004). *Communes for Grownups*. AARP Bulletin, 2004.

(9) THE POTENTIAL OF BOARD AND CARE & ASSISTED LIVING FACILITIES

Wright, B. (2004) *An Overview of Assisted Living: 2004. Issue Brief*, Public Policy Institute, AARP.

Golant, S.M. (1991). Matching congregate housing settings with a diverse elderly population: Research and theoretical considerations. In L. Kaye & A. Monk (Eds.), *Congregate Housing for the Elderly: Theoretical, Policy, and Programmatic Perspectives*. (pp. 21-38). N.Y.: Haworth Press.

(10) THE POTENTIAL OF CONTINUING CARE RETIREMENT COMMUNITIES

Golant, S.M. (1992). *Housing America's Elderly: Many Possibilities, Few Choices*. Newbury Park, CA: Sage Publications, Chapter 11.

SUPPLEMENTARY MATERIALS

Check on WEBCT site for other materials that you might now or in the future find useful. I have included, for example, materials prepared by the Administration on Aging that includes various internet sources on housing options for older adults.