

**SYLLABUS for GEO 4431-2427X and GEY 4930-6041X, (3 Credits), Spring, 2005**  
**SHELTER AND CARE OPTIONS FOR U.S. ELDERLY**

Tue. 5-6 (11:45 a.m. to 1:40 p.m., Thur. Period 6 (12:50 p.m. to 1:40 p.m. Turlington, Rm. 3012  
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**Overview of Course**

This course focuses on the appropriateness of the housing and care arrangements occupied by the American elderly population as its members experience new retirement life styles and new difficulties living independently. Older people do not grow old in some situational or environmental vacuum. Rather, some housing and living arrangements are likely to be better, easier, and less costly to grow old in than others. This course examines the strengths and weaknesses of housing alternatives available to both active and frail American seniors. It examines the affordability and physical conditions of the dwellings occupied by older persons, and it considers the pros and cons of aging in place as opposed to moving to new residential situations. It examines the appropriateness of planned and age-segregated housing alternatives ranging from active adult retirement communities to supportive residential alternatives that cater to frail seniors, such as congregate living housing, assisted living facilities and continuing care retirement communities. It reviews the progress and challenges of creating affordable housing linked with supportive services for low-income and vulnerable seniors and the past and current roles of federal and state government policies. Finally, it examines the various theoretical and practical approaches that are available to assess the appropriateness of these various housing alternatives.

**OVERVIEW, REQUIREMENTS, AND GRADING**

**Exams.**--Students are required to take two exams. Each of these exams will count for 33% of the final grade. Each exam will test students on about one-half of the lecture and textbook material covered in the course.

**Exam Dates:** First Exam—Tuesday, February 22, 2005; Second Exam—Tuesday, April 19, 2005. The two exams are taken at same time and place as regularly scheduled lecture periods. Please bring picture I.D. to all exams.

**Course Material:** You are responsible for all material (and announcements) presented in scheduled lectures and your required readings. A complete xeroxed copy of ALL required readings is available for purchase from Orange and Blue Textbooks (formerly Custom Copies) that is opposite Krispy Crème donuts on 309 N.W. 13th Street.

**On Exam Make-ups.**--Students are required to take the two exams at the scheduled times only. A missed exam will be graded as zero unless students can provide certified medical evidence that their attendance was prevented by extreme health impairments or officially sponsored academic events.

**Written Assignment.**--Students are required to write about a 3,000 word paper (word-processed). Deadline for this submission will be April 25, 2005. The paper will count for 34% of the final grade. The goals and organization of the paper will be discussed in class.

**Regarding Students with Disabilities:** Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then show it to the instructor when requesting accommodation.

## Lecture Topics and Required Readings

### **(1) INTRODUCTION: ELDERLY HOUSING—NOT THE SEXIEST SUBJECT, BUT CRITICALLY IMPORTANT**

#### **(2) HOUSING AN AGING SOCIETY: OPTIONS AND ISSUES**

Cornman, J., & Kingston, E.R. (1996). Trends, issues, perspectives, and values for the aging of the baby boom cohorts. *The Gerontologist*, 36, pp. 15-26.

Golant, S.M. (1992). *Housing America's Elderly: Many possibilities, few choices*. Newbury Park, CA: Sage Publications, Chapter 1.

Golant, Stephen M. (2002). Appendix II. Major Types of Supportive Senior Housing Units in the United States. Prepared for Seniors Housing Commission.

#### **(3) THE DEMOGRAPHICS AND LOCATIONS OF THE U.S. ELDERLY POPULATION**

U.S. Department of Health and Human Services, Administration on Aging. (2002). *A Profile of Older Americans*. Washington, DC: U.S. HHS, AoA., 16 pages.

U.S. Census Bureau. (2003). *Internal Migration of the Older Population: 1995 to 2000*. Washington, DC: U.S. Census Bureau, Department of Commerce, pp. 1-10.

Golant, S.M. (2002). Deciding Where to Live: The Emerging Residential Settlement Patterns of Retired Americans. *Generations*, Summer, pp. 66-73.

Longino, C.F., Jr. (2002). "The Geographical Mobility of Retirees: A View from the New Millennium". *Contemporary Gerontology*, Volume 9, (1): 1-5.

#### **(4) THE HOUSING STATUS AND PROBLEMS OF THE U.S. ELDERLY POPULATION**

American Federation for Aging Research. (1995). *An Official report to the White House Conference on Aging*. Washington, DC: Alliance for Aging Research, Chapter 2.

Golant, S.M. (2003). "The Quiet Crisis—Affordable Housing Inadequate for Elders." *Aging Today*, November-December, Vol. 24, No. 6, pp. 7-8.

Golant, S.M. (2003). Government-Assisted Rental Accommodations: Should They Accommodate Older Homeowners with Unmet Needs? *Maine Policy Review*, Vol. 12, No. 2, pp. 36-57.

#### **(5) AGING IN PLACE OR STAYING PUT: NOT ALWAYS NIRVANA**

U.S. Senate, Special Committee on Aging. (2002). *Long-term care report*. Washington, DC: U.S. Government Printing Office, pp. 1-18.

AARP (2002) *Home and Community-Based Long-Term Services*. pp. 1-3.

Sumner, Laura. (2003). *Choices and Consequences: The Availability of Community-Based Long-Term Care Services to the Low-Income Population*. Washington, DC: Georgetown University, pp. 1-5.

Georgetown University (2003) Various Fact Sheets: *Who needs long-term care? Medicaid and Long-Term Care. Who Pays for Long-Term Care?*

Golant, S.M. (2004). "Aging in Place: Are We Romancing the Home?" *CSA Journal*, Vol. 23, pp. 11-15.

## **(6) AFFORDABLE AND SUPPORTIVE HOUSING OPTIONS AVAILABLE TO INDEPENDENT LOW-INCOME SENIORS**

Golant, S.M. (2000). Housing the poor and vulnerable elderly. *Shelterforce*, 22, 17-25.

McNickle, Larry. (2004) "Keeping Pace with Seniors' Needs," *Journal of Housing & Community Development*, Vol. 61, September/October, pp. 24-29.

Golant, S. M. (2003). "Political and Organizational Barriers to Satisfying Low-Income U.S. Seniors Need for Affordable Rental Housing with Supportive Services." *Journal of Aging and Social Policy*, Vol. 15, No. 4, pp. 21-48.

## **(7) AGING IN PLACE FINANCIAL OPTIONS FOR LOW-INCOME ELDERLY HOMEOWNERS (REVERSE MORTGAGE AND PROPERTY TAX REBATE PROGRAMS)**

Eschtruth, A.D., & Tran, L.C. (2001). *A primer on reverse mortgages. Just the facts on retirement issues*, October, 1-4.

FannieMae (2002). *Money From Home: A Consumer's Guide to Reverse Mortgage Options*. Washington, DC: FannieMae, pp. 1-28.

## **(8) ACTIVE ADULT RETIREMENT COMMUNITIES**

Golant, S.M. (1992). *Housing America's elderly: Many possibilities, few choices*. Newbury Park, CA: Sage Publications, Chapter 4.

Suchman, D.R. (2001). *Developing active adult retirement communities*. Washington, DC : Urban Land Institute, Chapter 1, pp. 3-21.

## **(9) AGE SEGREGATION, PHYSICAL DISABILITIES, AND THE FAIR HOUSING ACT**

Golant, S.M. (1985). In defense of age-segregated housing. *Aging*, 348, 22-26.

Grayson, P.J. (1997). Technology and home adaptations. In S. Landspery & J. Hyde (Eds.), *Staying put: Adapting the places instead of the people*. (pp. 55-74). Amityville, NY: Baywood Pub. Co.

U.S. Department of Housing and Urban Development. (2003) *Fair Housing, It's Your Right*.

Michael Allen and Susan Ann Silverstein. (2003) *Elderly people who have suffered discrimination are increasingly turning to federal law to secure greater housing opportunities and protect their rights*. Trial, October. <http://www.bazelon.org/issues/housing/articles/10-03trial.htm>

## **(10) THE POTENTIAL OF BOARD AND CARE & ASSISTED LIVING FACILITIES**

Mollica, R. L. (2001). *State Assisted Living Practices and Options: A Guide for State Policy Makers*. Washington, DC: National Academy for State Health Policy. pp. 19-40.

Brecht, S.B. (2000). "Does assisted living have staying power?" *Assisted living today*, 7, 43-45.

Golant, S. M. (2004). "Do Impaired Older Persons with Health Care Needs Occupy U.S. Assisted Living Facilities? An Analysis of Six National Studies." *Journal of Gerontology: Social Sciences*, Vol. 59B, No. 2, S68-S79.

**(11) THE POTENTIAL OF CONTINUING CARE RETIREMENT COMMUNITIES**

Golant, S.M. (1992). *Housing America's Elderly: Many possibilities, few choices*. Newbury Park, CA: Sage Publications, Chapter 11.

**(12) MATCHING SHELTER AND CARE ACCOMMODATIONS WITH THE NEEDS OF U.S. SENIORS: THEORETICAL AND APPLIED ISSUES**

Golant, S.M. (1991). Matching congregate housing settings with a diverse elderly population: Research and theoretical considerations. In L. Kaye & A. Monk (Eds.), *Congregate housing for the elderly: Theoretical, policy, and programmatic perspectives*. (pp. 21-38). New York: Haworth Press.

Iwarsson, S. (2003). Assessing the Fit Between Older People and Their Physical Home Environments: An Occupational Therapy Research Perspective. In Hans-Werner-Wahl, R. J. Scheidt, P. G. Windley (eds.), *Annual Review of Gerontology and Geriatrics*, Vol. 23, pp. 85-109.

Golant, S.M. (1993). "Conceptualizing Time and Space in Environmental Gerontology: A Pair of Old Issues Deserving New Thought," *The Gerontologist*, Vol. 43, No. 5, pp. 638-648.

Kochera, Andrew. (2002). *Falls Among Older Persons and the Role of the Home*. AARP Public Policy Institute, Issue Brief. Washington, DC: AARP, pp. 1-14.